

Mosquitoes & West Nile Virus



Mosquitoes in South Dakota may be carrying the West Nile Virus!

Protect Yourself



Use mosquito repellent containing DEET, picaridin, or oil of eucalyptus

- ✱ Follow repellent label directions carefully!
- ✱ Do not spray repellent on cuts or open wounds.
- ✱ Do not spray near face or inhale repellent.
- ✱ DEET should not be used on infants under 2 months and picaridin should not be used on children under the age of 3 years old.



Wear long sleeves, pants, and shoes.



Reduce time outdoors.



Reduce mosquito breeding sites by removing standing water.



If you experience an unusual or severe headache, please get medical attention.

WNV Symptoms

Milder Symptoms:

- ✓ Tiredness or weakness
- ✓ Headache
- ✓ Body aches
- ✓ Hunger loss
- ✓ Mild rash

Severe Symptoms:

- ✓ Stiff neck
- ✓ Swollen lymph glands
- ✓ Confusion or disorientation
- ✓ Intense body aches
- ✓ Delirium
- ✓ Coma

Most people bitten by a mosquito infected with West Nile virus do not get sick.

- ✦ Symptoms usually develop 2 to 15 days after the bite from an infected mosquito.
- ✦ **Symptoms can last from a couple days to several weeks.**
- ✦ About 80% of people infected with West Nile virus show signs of symptoms.
- ✦ **Less than 1% of infected people develop serious illness**
- ✦ Persons older than 50 are at the greatest risk of becoming ill and should be very careful to protect themselves.



South Dakota Department of Health
1-800-592-1861
<http://WestNile.sd.gov>